# <u>Diagnosis and Comprehensive Support Services:</u>

### **UIC Institute on Disability and Human Development**

1<sup>st</sup> floor of the DHSP building at 1640 W. Roosevelt Rd. (UIC West Campus).

http://www.ahs.uic.edu/cl/familyclinics/programs/adultdiagnosticandinterventionprogram/

The Developmental Disabilities Family Clinics provide comprehensive assessment and treatment services for children, adolescents, and adults who have developmental disabilities. The Family Clinics include professionals from family medicine, nursing, occupational therapy, pediatrics, psychiatry, psychology, social work, and speech therapy.

Funding for the Family Clinics is provided by grants from the Illinois Department of Human Services, matching funds from UIC, and third party payments from Medicaid, Medicare, and private insurers. A sliding fee scale is used to determine the amounts of any payments from recipients of services. However, no one is turned away on the basis of inability to pay.

For diagnostic and intervention program referrals and intakes in English call: (312) 413-1490. For referrals in Spanish call: (312) 413-1819.

# Programs:

- -The Adult Diagnostic and Intervention Program
- -The Hispanic Diagnostic and Family Support Program
- -The Child and Adolescent Diagnostic and Family Support Program
- -0-3 Diagnostic Services
- -The Autism Clinic and TAP Training Center
- -Groups for Adults with Mild or Moderate Intellectual Disability
  - Anger Management
  - Dating Skills
  - -Groups run starting early to mid October- December (8 sessions), and again starting in January
  - -No fee for groups

Individual Therapy sessions- dual diagnosis; Wait list (approx. 3 months)- Medicare, BCBS, and some students may be able to take Medicaid

### HRDI.

33 E. 114th Street Chicago, IL 60628

(773) 660-4630 (ext 2369 or ask for Intake)

http://www.hrdi.org/our-services.html

They provide a variety of support services for people with mental illness and/or disabilities. They do provide case management, counseling, and groups. They do an initial intake appointment to assess where the client would be best fit, based on their level of functioning, and then they offer an appropriate group or service. This program does not have a job training program, but they do pair clients with an Employment Specialist, who supports the clients with looking for an appropriate job.

# **Esperanza Community Services- (West Town of Chicago)**

520 N. Marshfield Ave., Chicago, IL 60622 <a href="http://esperanzacommunity.org/programs/cfsp/">http://esperanzacommunity.org/programs/cfsp/</a>

Esperanza Community Services provides individualized therapeutic and educational programs to help children and adults with mild, moderate, and severe developmental disabilities (including autism) as well as behavior needs be as independent as possible.

Our mission is accomplished through programs delivered at our campus in West Town and throughout the community. All of Esperanza's programs are bilingual (available in both English and Spanish) and are offered five days a week, with the exception of our residential program, which operates 24 hours a day, every day of the year. Door-to-door transportation is provided for programs on Esperanza's campus, which is located at 520 N. Marshfield, near the intersection of Grand and Ashland Avenues.

To find out if Esperanza is right for your loved one, please contact Stephanie Ong at 312.243.6097, x 118

- -Esperanza School
- -Coleridge Adult Day Program
- -Community Integrated Living Arrangement (CILA)
- -Client and Family Support Program
- -Behavior Program

#### **ASPIRE- Western Suburbs**

http://www.aspireofillinois.org/who-we-help/adult-programs.html

- <u>Life Skills Training</u> engages adults in a variety of personalized programs, helping them achieve new levels of independence and self-esteem.
- <u>Employment Options</u> helps adults with varying abilities, vocational skills and workplace experience to imagine their dream job and succeed.
- <u>Employment Training Initiative</u> gives adults unique employment training experience in industry specific environments.
- <u>Residential Choices</u> provides an array of community-based housing options, assisting participants to live as independently as possible

#### New Hope Center- Southeast Cook County and Northeast Will County

1624 E. 154th Street Dolton, Illinois 60419 Tel: (708) 841-1071 Fax: (708) 841-1053

http://www.newhopecenterinc.com/

Fax: (708) 841-1053 TDD: (708) 841-1359

New Hope Center, Inc. is a community service agency that provides services to individuals with intellectual and/or age-disabilities who reside in Southeast Cook County and Northeast Will County. Communities served include Dolton, Calumet City, Chicago Heights, Crete, Evergreen Park, Harvey,

Resource List- Adults with Developmental Disabilities

Lansing, Lynwood, Markham, Matteson, Park Forest, Riverdale, Sauk Village, South Chicago, South Holland, Steger, Thornton, and Tinley Park.

# **Park Lawn Day Services**

10833 S. LaPorte Oak Lawn IL 60453 Phone: (708) 425-3344 E-mail info@parklawn.com

http://www.parklawn.com/about us/

- -Vocational Services
- -Support Services
- -Residential Services
- -Contract Services

# **Illinois Transition Planning**

http://transitioncare.uchicago.edu/

http://www.illinoistransition.org/tpc info.asp?id=39

# "Building Bridges for the Future" UCP Seguin's Transition program/ Partnership (Cicero, IL)

3100 S. Central Ave, Cicero, IL

Contact Outreach Transition Specialist at (708)-222-4866

http://www.seguin.org/adult services/building bridges.html

-Generally serves Oak Park, River Forest, Maywood, Cicero, Berwyn, but no specific boundaries for areas served

Seguin's list of resources: http://www.seguin.org/news\_resources/other\_resources.html

# **DHS Developmental Disability Services**

For access to funding for services through the state of Illinois, there are two main organizations in the city of Chicago that assess eligibility for funding for persons with developmental disabilities.

# A. Community Alternatives Unlimited (CAU)

**Developmental Disability Services** 

8765 West Higgins Road, 3rd Floor

Chicago, IL 60631

Phone: (773) 867-4000 TTY: (773) 867-4168

Website: http://www.cau.org

Crisis after hours number: (773) 867-4000

### B. Community Service Options (CSO)

**Developmental Disability Services** 

6845 South Western Avenue

Chicago, IL 60636

Phone: (773) 471-4700 TTY: (773) 471-4772 Fax: (773) 471-4770 Toll Free: (888) 276-4467 Website: http://www.cso1.org

Crisis after hours number: (773) 471-4700

#### Possible services include:

- In-home supports to help you live more independently.
- Respite care to provide temporary relief to your caregiver.
- Training programs to teach you life and work skills.
- Job coaches to help you succeed in the workplace.
- Residential living arrangements to provide you with the security and care you need.
- Adaptive equipment to make you more independent.
- Other supports to improve your quality of life.

# Respite

South Side Chicago:

### **South Chicago Parents and Friends**

10241 South Commercial Chicago, IL 60617 P: 773.734.2222 F: 773.734.2850

www.scpfrc.org

### Southwest Chicago and Suburbs:

### **Good Shepherd Center (Hazel Crest, IL)**

17314 Kedzie Ave, Hazel Crest, IL 60429 (708)-335-0020

Serves south suburban Cook and Will County

### South Suburbs:

#### **New Hope Center**

1624 E. 154th Street Dolton, Illinois 60419 Tel: (708) 841-1071 Fax: (708) 841-1053 TDD: (708) 841-1359

<sup>\*</sup>Currently there is a lengthy wait list

### Resource List- Adults with Developmental Disabilities

www.newhopecenterinc.com

Illinois Respite Coalition- illinoisrespitecoalition.org

DHS- <a href="http://www.dhs.state.il.us/page.aspx?item=29738">http://www.dhs.state.il.us/page.aspx?item=29738</a>

List of resources from Rush: <a href="http://www.rush.edu/rumc/page-1234554452081.html">http://www.rush.edu/rumc/page-1234554452081.html</a>

# Mental Health Resources

### Chicago Center for Family Health-312-372-4745

www.ccfhchicago.org

Self-pay, insurance, and Medicare payment are accepted. Fees are on a sliding scale for clients with limited resources.

CCFH Affiliated Clinicians are members of the <u>Core and Associate Faculty</u>. They maintain practices in the CCFH Loop office, as well as in several Chicago neighborhoods and suburbs.

**Thresholds**- Comprehensive community mental health services, various locations Intake line: 773-572-5400; intake@thresholds.org

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33 E. 114th Street Chicago, IL 60628

(773) 660-4630 (ext 2369 or ask for Intake)

http://www.hrdi.org/our-services.html

# Mercy Home for Boys and Girls Resource List for Mental Health Services

http://www.mercyhome.org/mental-health-services

# <u>Training Programs</u>

# **Ada McKinley Vocational Training:**

http://www.adasmckinley.org/vocational training.html

# **Thresholds- Supportive Employment Program**

Thresholds Contact/ Intake line: 773-572-5400

http://www.thresholds.org/our-work/services/supported-employment/

http://www.thresholds.org/about/contact/

**HRDI**. They provide a variety of support services for people with mental illness and/or disabilities. They do provide case management, counseling, and groups. They do an initial intake appointment to assess where the client would be best fit, based on their level of functioning, and then they offer an appropriate group or service. This program does not have a job training program, but they do pair clients with an Employment Specialist, who supports the clients with looking for an appropriate job. 33 E. 114th Street

Chicago, IL 60628

(773) 660-4630 (ext 2369 or ask for Intake)

http://www.hrdi.org/our-services.html

**Sertoma Centre**, located in Alsip, IL. many programs for people with developmental disabilities, including some Community Employment and Developmental Training programs.

4100 West 127th Street Alsip, Illinois 60803

Phone: (708) 371-9700 Fax: (708) 389-3984

Hours of Operation: 8:00 am - 4:00 pm

http://sertomacentre.org/

### **Jewish Vocational Services**

#### Main Office

216 West Jackson Blvd., Suite 700

Chicago, Illinois 60606

Intake and Inquiries: 855-INFO-JVS (855-463-6587)

(312) 673-3400 Reception (312) 957-4913 Video Phone

(312) 553-5544 Fax

http://jvschicago.org/employment-services-for-people-with-disabilities/

Adults with a referral from the Illinois Department of Human Services, Division of Rehabilitation Services (DRS) are eligible for these free programs. If you don't have a referral, but you believe you qualify, JVS can help you obtain the referral.

### **Easter Seals Adult Vocational Program - Chicago**

1939 West 13th Street Chicago, IL 60608 312-432-9167

### New Hope Center- Southeast Cook County and Northeast Will County

1624 E. 154th Street Dolton, Illinois 60419 Tel: (708) 841-1071

### Resource List- Adults with Developmental Disabilities

Fax: (708) 841-1053 TDD: (708) 841-1359

http://www.newhopecenterinc.com/

New Hope Center, Inc. is a community service agency that provides services to individuals with intellectual and/or age-disabilities who reside in Southeast Cook County and Northeast Will County. Communities served include Dolton, Calumet City, Chicago Heights, Crete, Evergreen Park, Harvey, Lansing, Lynwood, Markham, Matteson, Park Forest, Riverdale, Sauk Village, South Chicago, South Holland, Steger, Thornton, and Tinley Park.

### **Park Lawn Day Services**

10833 S. LaPorte
Oak Lawn IL 60453
Phone: (708) 425-3344
E-mail info@parklawn.com

http://www.parklawn.com/about\_us/

- -Vocational Services
- -Support Services
- -Residential Services
- -Contract Services

# Support for Smoking Cessation:

# **Beloved Community Family Wellness Center**

Courage to Quit <a href="http://www.lungchicago.org/courage-to-quit/6821">http://www.lungchicago.org/courage-to-quit/6821</a> S. Halsted Street, Chicago Wednesdays Free

For more information and registration: Must register in-person or by phone prior to start. Call (773) 651-3629 and leave your name, address and telephone number.

# Transportation:

There is a program for free transport for people under 65 with a disability, through the Department of Aging. The application is online:

https://idoaweb.aging.illinois.gov/baa/Welcome.aspx

# **Psychiatrists Resources**

http://www.rush.edu/rumc/page-1227284197141.html

http://www.autismillinois.org/resources/medical-providers/psychiatrypsychology/

# **Home Modification Funding Resources**

For people 60 and over:

Department of Housing 312-744-0841

# For people under 60:

Mayor's Office for People with Disability: 312-743-1523 (will send out a Home Modification application to home)

Online application:

http://www.cityofchicago.org/city/en/depts/mopd/provdrs/hous/svcs/accessible home modificationprogram-ages0-5911.html

http://www.disabilityrights.org/mod3.htm

http://www.accessliving.org/

# Law

# Center for Disability and Elder Law

79 W. Monroe Street, Suite 919

Chicago, IL 60603

T: (312) 376-1880

F: (312) 376-1885

CDEL coordinates the provision of quality legal services, *pro bono*, to low-income seniors and/or persons with disabilities in Cook County. CDEL focuses its legal services on systemic issues which have a disparate impact on our clientele, specifically issues related to financial stability, housing, end of life planning, and financial exploitation and abuse. CDEL's goal is to provide legal assistance in an effort to proactively avoid future, and potentially more serious, legal issues or to provide legal intervention as soon as possible after the problems have arisen.

### **Chicago Volunteer Legal Services**

33 North Dearborn Street Suite 400 Chicago, Illinois 60602 P 312.332.1624

F 312.332.1460

Hours:

9:00 a.m. to 5:00 p.m. Monday thru Thursday

9:00 a.m. to 4:00 p.m. Friday

At only \$109 per case, CVLS is unique in its ability to offer a wide range of totally free legal services to the poor and working poor of Chicago. CVLS is recognized as the most comprehensive, most efficient and most cost-effective civil legal aid provider in Chicago.

# Guardianship

### **Pro Se Adult Guardianship Help Desk**

Richard J. Daley Center 12th floor, Room 1202 50 West Washington Street Chicago, IL 60602 No phone

No appointments, first come, first served

Hours: 8:30 a.m. – 4:30 p.m., Monday through Friday, except court holidays

- for petitions to obtain guardianship of an adult with a disability or disabilities
- Free assistance with court forms and procedures such as scheduling a hearing, service of summons and notice

Volunteer attorneys at the Pro Se Adult Guardianship Help Desk provide information and assistance to people without lawyers who are representing themselves in court (also known as pro se litigants) on petitions to obtain guardianship of an adult with a disability or disabilities and appointment of a guardian of the person for that adult. Staff at the Help Desk are not able to assist pro se litigants with guardianship proceedings in which appointment of a guardian of the estate will be required or which are likely to be contested. Staff do not provide legal advice and do not represent petitioners in court. Persons who require legal advice or legal representation are referred to legal aid organizations and lawyer referral services.

The Adult Guardianship Help Desk is administered by the Center for Disability and Elder Law, Inc.

# **Chicago Volunteer Legal Services**

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Hours:

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Guardian *ad litem* for Minors or Disabled Adults: Our pro bono attorneys represent the best interests of society's most vulnerable citizens in Probate Court.

### Dentists

**Dentaquest-** Find a provider that takes Medicare Advantage or Medicaid in your area 1.888.286.2447

https://govservices.dentaquest.com/Router.jsp?component=Main&source=Logon&action=ProviderDirectory2&state=IL&locale=en

### **UIC College of Dentistry**

801 S. Paulina St.

To schedule a new patient appointment please call 312.996.7558

To contact one of our Specialty departments please visit

http://hospital.uillinois.edu/Patient Care Services/Dentistry/Contact Us.html

For Urgent Needs Please Call 312.996.8636

# **Autism Resources**

http://theautismprogram.org/

# Our Place of New Trier Township (Close to Wilmette, IL)

https://ourplaceofnewtrier.org/

The mission of Our Place is to support teens and adults with developmental disabilities so that they can live meaningful, productive, socially connected lives in their home community.

# The Resource Center for Autism and Developmental Delays

King Community Services Center, Room 103 4314 S. Cottage Grove Chicago, IL 60653

Tel: 312-747-8571 Fax: 312-747-8991

# **Cerebral Palsy Resources**

# **UCP Seguin**

3100 South Central Avenue Cicero, IL 60804 Phone (708) 863-3803 Fax (708) 863-3863 http://www.seguin.org/ http://www.ucpnet.org/

# Youth with Technology Dependence

# **UIC Division of Specialized Care for Children Chicago Home Care**

Cynthia Booth, MS, RN, APN
UIC Division of Specialized Care for Children
Home Care Liaison
1309 S. Halsted Street, Suite 307
Chicago, IL 60607-5021

Phone: 312-996-6380; 312-996-1369; Fax: 312-413-0367

- -For children/youth with technology dependence (mostly tracheostomies, ventilators, and gastrostomy tubes) who are going home with shift nursing
- -Beginning soon, this program will also serve the more technology dependent patients up to 26 years of age.